

# Valleyview Week of Respect: October 2-6

## Monday 10/2

**Spirit Day:** Stomp Out Bullying Wear Blue

**Today's Challenge:** Say hello or pay a compliment to a student you don't know

**Today's Quote:** "You cannot do kindness too soon, for you never know how soon it will be too late." —*Ralph Waldo Emerson*



## Tuesday 10/3

**Spirit Day:** Get comfy being kind- Wear your most comfortable outfit

**Today's Challenge:** Tell your friends why you are grateful for them

**Today's Quote** - "Remember there's no such thing as a small act of kindness. Every act creates a ripple with no logical end." —*Scott Adams*



## Wednesday 10/4

**Spirit Day:** Team Up Against Bullying- Wear your favorite Team's Jersey or T-shirt

**Today's Challenge:** Be a team player. Invite someone to join your conversation.

**Today's quote** : "KINDNESS IS THE LANGUAGE WHICH THE DEAF CAN HEAR AND THE BLIND CAN SEE" -Mark Twain



## Thursday 10/5

**Spirit Day:** Be a Hero, Not a Villain-Dress like a Superhero

**Today's Challenge:** Say thank you to our custodians, school resource officers, secretaries, crossing guards, nurses, teachers, principals, counselors, and everyone else who helps make our school great!

**Today's quote** : "The person who helps someone simply because it should be done and it is the right thing to do, is indeed without a doubt, a real superhero." - Stan Lee



## Friday 10/6

**Spirit Day:** Keep the Peace- Wear Valleyview colors or apparel

**Today's Challenge:** Tell your parents why you are grateful for them.

**Today's quote:** "Carry out a random act of kindness, with no expectation of reward, safe in the knowledge that one day someone might do the same for

# Valleyview